

The full circle of health and wellness dedicated to excellence.



CentraState Healthcare System[®]

Freehold, New Jersey

Healthy Directions

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CentraState
Medical Center
is a Magnet hospital.



"Staying current with personal health check-ups is vital," explains ob/gyn Julie Leizer, MD, with Healthy Woman OB/GYN and on the medical staff at CentraState. "Many conditions that affect the reproductive health of women can be treated effectively when caught early, but present serious risks when left unmanaged."

In light of the many conditions that can affect a woman's reproductive and overall health, visits to an ob/gyn should include Pap smears, clinical breast exams, and other screening tests as appropriate. During routine appointments, your ob/gyn can offer you the latest information about age-appropriate immunizations and screenings, provide referrals for diagnostic procedures as needed, and answer questions and address concerns you may have.

"It goes without saying that women should schedule regular, yearly appointments with their ob/gyn," Dr. Leizer says. "Neglecting these visits can put a woman's health at serious risk. For those planning a family, it can also compromise the chances of conception or delivering a healthy child."

GOT A MINUTE? Meet the Doctor: Julie Leizer, MD

Julie Leizer, MD

Medical specialty: Obstetrics and Gynecology

Medical school: St. George's University School of Medicine, Grenada

Residency: University of Medicine and Dentistry of New Jersey (UMDNJ)-Robert Wood Johnson University Hospital

What led you to the medical field?

From a young age, I was always interested in math and science. I decided that medicine could best incorporate both of my



interests. Also, the ability to use my skills in these areas to help others greatly increased my interest in medicine.

What interested you in obstetrics and gynecology?

When I was in medical school, I wasn't certain what specialty I wanted to pursue. I did an obstetric rotation, and discovered that delivering babies was amazing. Being part of a couple having a baby and starting a family is very special.

Office: Healthy Woman OB/GYN
312 Professional Drive
Freehold, NJ 07728
(732) 431-1616